

# Workshop 1



The outbound traveller: A simplified approach to making vaccine recommendations

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13:45

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# The Outbound Traveller



*A simplified* approach to making vaccine recommendations

# The scenario

- The Singh family comes to see you regarding a planned trip they intend to take in 6 weeks' time. They will be travelling to Bali for 3 weeks including some time in a beachside resort and some time in a Balinese mountainous rural area. The Balinese rainy season finished 2 months ago. They are seeking advice on travel vaccinations. They mention that they will also be likely to return to India to visit relatives at the end of the year.
- The Singh family have lived in Australia for 4 years and are originally from India.

# The Singh Family

- Their family's English is good, the father Nikitha, aged 34 has Type 2 diabetes requiring insulin and is well controlled and has occasional asthma treated with a prescribed inhaler. The mother Priya, aged 33 has no underlying medical conditions and is in good health. She has an Implanon in situ. They have two children Bindiya aged 6 and Prasanth aged 1. Bindiya is very needle phobic.
- Their local medical history is not well documented, as they have moved three times in the last 3 years and have visited multiple clinics. Their personal records have been misplaced.
- Bindiya remembers having Dengue fever about 8 years ago.

- Nikitha and Priya mention that they are taking their 78-year-old father Dinesh, who has been visiting for the last 4 months. He speaks broken English and is currently at home. They mention he has had cardiac problems, has several stents, is a chronic smoker, has a chronic cough and is short of breath when walking briskly. He is willing to pay out of pocket expenses to protect himself and his family.
- Both parents have been vaccinated against COVID-19 (Priya 3 doses and Nikitha, 4 doses). The children are also up to date with their COVID-19 vaccination. Dinesh thinks he's been vaccinated 3 times. Prior to this, the vaccine history is uncertain, and they cannot remember what they have been vaccinated against and when. They are travelling in 6 week's time.

# How would you approach this situation?

Are there any investigations you should do before recommending a vaccination plan?

What conversations should you be having about their elderly father?

What do you recommend for each family member?





# How did you approach this situation?

How closely did your answers align with the case study's response?

Are there any key differences, and if so, how do you think those differences might impact the outcomes?

Are there any changes you would make to your answers above?

